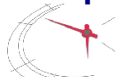
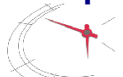


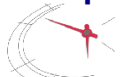
Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
1		1	00:32:56	Austin-Kerl, Jürgen	441	NED	Sportsfreund Running Tea	1970	1	M40	03:17,6
2		2	00:32:59	Billen, Raymond	421	BEL	C&C Running	1963	1	M45	03:17,9
3		3	00:33:03	Delait, Patrick	486	BEL	AV Caesar	1969	2	M40	03:18,3
4		4	00:34:44	Smeets, Rudi	388	BEL	Kinrooi	1962	2	M45	03:28,4
5		5	00:35:06	Bonnie, Christoph	558		DJK Elmar Kohlscheid	1970	3	M40	03:30,6
6		6	00:35:08	Pepels, Wic	454	NED	Caesar Beek	1958	1	M50	03:30,8
7		7	00:35:11	Ritterbeeks, Rick	493	NED	AV Caesar	1988	1	MHK	03:31,1
8		8	00:37:42	Huizinga, Koen	409	NED	Urmond	1987	2	MHK	03:46,2
9		9	00:37:54	Kroon, Dennis	404	NED	Maastricht	1981	3	MHK	03:47,4
10		10	00:38:00	Alum, Jürgen	508		Sc Muhl LA	1963	3	M45	03:48,0
11		11	00:38:10	Claesen, Kurt	387	BEL	Atla Lanaken	1969	4	M40	03:49,0
12		12	00:38:25	Kurz, Till Robin	305		Köln	1973	1	M35	03:50,5
13		13	00:38:39	Wohlfahrt, Jörg	313		SV 19 Straelen	1971	2	M35	03:51,9
14		14	00:38:43	Herben, Tonny	403	NED	Atletik Maastricht	1965	4	M45	03:52,3
15		15	00:38:43	Thapa, Atul	392		DJK Kleinenbroich	1968	5	M40	03:52,3
16		16	00:38:47	Cleven, Maurice	500	NED	Sittard	1975	3	M35	03:52,7
17		17	00:38:52	Limburg, Hermann-Josef	405		Triathlon Waldfeucht	1961	5	M45	03:53,2
18	W	1	00:38:57	Jacobs, Ellis	316	NED	STB Landgraaf	1984	1	WHK	03:53,7
19		18	00:39:14	Thönnissen, Robert	314		VfR Unterbruch LG	1975	4	M35	03:55,4
20		19	00:39:25	Broens, Rene	451	NED	Gulikrunners	1955	1	M55	03:56,5
21		20	00:39:32	Bohnen, Jos	525		Susteren	1962	6	M45	03:57,2
22		21	00:39:32	Koch, Ralf	484		DJK JS Herzogenrath	1982	4	MHK	03:57,2
23		22	00:39:32	Brove, Norbert	531		Aachen	1969	6	M40	03:57,2
24		23	00:39:34	Ooyen van, Michael	311		SV 19 Straelen	1960	2	M50	03:57,4
25		24	00:39:52	Arentz, Oliver	536		Köln	1975	5	M35	03:59,2
26		25	00:40:06	Bemelmans, Max	543	BEL		1982	5	MHK	04:00,6
27		26	00:40:22	Soeters, Frank	553	NED	Laat En Zaat	1987	6	MHK	04:02,2
28		27	00:40:43	Girelli Consolaro, Alberto	544		DLC Aachen	1980	1	M30	04:04,3
29		28	00:40:54	Rainer, Detlev	538		Kel	1970	7	M40	04:05,4
30		29	00:41:22	Laumen, Richard	546		Heinsberg	1966	8	M40	04:08,2
31		30	00:41:31	de Bakker, A.	513	NED	Gulikrunner	1968	9	M40	04:09,1
32		31	00:41:37	Gijzen, Gerard	361	NED	TVS Porselen	1961	7	M45	04:09,7
33		32	00:41:55	Venhuizen, Rob-Jan	511	BEL	Unitas Sittard	1965	8	M45	04:11,5
34		33	00:42:10	Vleeshouwers, Sjaak	554	NED	Gulikrunner	1956	3	M50	04:13,0
35		34	00:42:10	van Herk, John	480	NED	Bingelrade	1990	7	MHK	04:13,0
36		35	00:42:12	Gerards, Herman	368	NED	STB Landgraaf	1957	4	M50	04:13,2
37		36	00:42:16	Landmeeters, Kurt	535	BEL	Genk	1976	2	M30	04:13,6
38		37	00:42:32	Windeln, Franz-Willi	373		Heinsberg	1962	9	M45	04:15,2
39		38	00:42:43	Weerts, Chris	462	NED	Unitas Sittard	1992	1	MJugA	04:16,3
40	W	2	00:42:44	Heinrichs, Sandra	477		DJK Elmar Kohlscheid	1973	1	W35	04:16,4
41		39	00:42:47	Moreau, Chris	340	BEL	C&C Running	1968	10	M40	04:16,7
42		40	00:42:53	Thiele, Jeff	509	NED	Stein	1952	2	M55	04:17,3
43		41	00:43:20	Walther, Simon	336		Aachen	1984	8	MHK	04:20,0
44		42	00:43:40	Derix, Jac	505		Triathlon Waldfeucht	1958	5	M50	04:22,0
45		43	00:43:41	Papanastasioy, Athanasio	457		Triathlon Waldfeucht	1972	6	M35	04:22,1
46		44	00:43:51	Kitenge, Albert	448		Aachen	1980	3	M30	04:23,1
47		45	00:43:53	Heitzer, Benno	447		Heinsberg	1961	10	M45	04:23,3
48		46	00:43:55	Klijnen, Marco	463	NED	Geleen	1965	11	M45	04:23,5
49		47	00:43:56	Maus, Hansjörg	964		VSE Biker	1961	12	M45	04:23,6
50		48	00:43:58	de Boer, Willy	510	NED	Elsloo	1957	6	M50	04:23,8
51		49	00:44:17	Elfering, Paul	529	NED	Medisport	1969	11	M40	04:25,7
52		50	00:44:29	Isaac, Dirk	496		Aachen	1969	12	M40	04:26,9
53		51	00:44:33	Spijkers, Jac	442	NED	Sittard	1963	13	M45	04:27,3
54		52	00:44:35	Griffioen, Gerjo	547	NED	Wehr	1962	14	M45	04:27,5
55		53	00:44:40	Wieckiewicz, Adrian	498		Geilenkirchen	1983	9	MHK	04:28,0
56		54	00:44:41	van Hout, Dimitri	528	NED	Sittard	1969	13	M40	04:28,1
57		55	00:44:47	van Eert, Michel	327	NED	AV Unitas	1978	4	M30	04:28,7
58		56	00:44:49	Roßkamp, Guido	365		VfR Unterbruch LG	1974	7	M35	04:28,9
59		57	00:44:54	Muijtjens, Joska	353	NED	Sittard	1976	5	M30	04:29,4
60		58	00:45:01	Remans, Bert	560	BEL	Genk	1979	6	M30	04:30,1



Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
61		59	00:45:05	Dols, Manuel	309		AV Unitas	1994	1	MJugB	04:30,5
62		60	00:45:11	Dewes, Peter	517		SC Wegberg	1967	14	M40	04:31,1
63		61	00:45:13	Vermeulen, Ton	356	NED	AV Unitas	1957	7	M50	04:31,3
64		62	00:45:35	Oenings, Walter	445		Kalkar	1953	3	M55	04:33,5
65	W	3	00:45:41	Brouwers, Carin	440	NED	Atla Lanaken	1964	1	W45	04:34,1
66		63	00:46:11	Lempers, Jorn	483	NED	Landgraaf	1987	10	MHK	04:37,1
67		64	00:46:26	Fiekers, Stefan	390		DJK Kleinenbroich	1980	7	M30	04:38,6
68	W	4	00:46:26	Limburg, Birgit	406		Triathlon Waldfeucht	1964	2	W45	04:38,6
69		65	00:46:49	Gaspers, Klaus	391		DJK Kleinenbroich	1966	15	M40	04:40,9
70		66	00:46:57	Smeets, Ronald	530	NED	STB Landgraaf	1968	16	M40	04:41,7
71		67	00:47:03	Gützkow, Rainer	385		LT MG-Volksgarten	1952	4	M55	04:42,3
72		68	00:47:07	Grett, Sascha	522		VfR Unterbruch LG	1977	8	M30	04:42,7
73		69	00:47:09	Meurer, Christoph	532		Aachen	1994	2	MJugB	04:42,9
74		70	00:47:12	Demeter, Norbert	315		Herzogenrath	1975	8	M35	04:43,2
75		71	00:47:45	Lueber, Jochem	504		Übach-Palenberg	1948	1	M60	04:46,5
76		72	00:47:54	Thelen, Mark	330		TC RW Geilenkirchen	1973	9	M35	04:47,4
77		73	00:48:00	Philippen, Marek	300		VfR Tüddern	1995	3	MJugB	04:48,0
78	W	5	00:48:01	Otten, Simone	443		DJK Elmar Kohlscheid	1969	1	W40	04:48,1
79		74	00:48:12	Jeurissen, Erik	366		maandagavondschravelee	1966	17	M40	04:49,2
80		75	00:48:22	Beckers, Jo	507	NED	Triathlon Waldfeucht	1961	15	M45	04:50,2
81		76	00:48:33	van Mout, Pat	455	NED	Sittard	1966	18	M40	04:51,3
82		77	00:48:43	Schürgers, Albert	400	NED	Grevenbicht	1961	16	M45	04:52,3
83		78	00:48:45	Dix, Jorg	450		Munsterblich Rennt	1965	17	M45	04:52,5
84		79	00:48:51	Davids, Stefan	492		Geilenkirchen	1970	19	M40	04:53,1
85		80	00:48:55	Heimricas, Uwe	475		Rrc Haaren	1970	20	M40	04:53,5
86		81	00:49:00	Windeln, Lars	374		VfR Unterbruch LG	1996	4	MJugB	04:54,0
87		82	00:49:05	Lauten, Dario	415		Running TV Bedburg	1998	5	MJugB	04:54,5
88		83	00:49:08	Perscheid, Johannes	444		Bocket	1957	8	M50	04:54,8
89		84	00:49:27	Beemelmans, Alexander	514		Geilenkirchen	1992	2	MJugA	04:56,7
90		85	00:49:29	Wunram, Karsten	449		Aachen	1977	9	M30	04:56,9
91		86	00:49:36	Voigt, Jürgen	410		Eisbären	1968	21	M40	04:57,6
92		87	00:49:41	Albee, Scott	407		Gangelt-Birgden	1979	10	M30	04:58,1
93		88	00:49:44	Bender, Michael	335		Gangelt	1971	10	M35	04:58,4
94		89	00:49:54	Bruckmans, Christoph	497		Dcc Aachen Triathlon	1966	22	M40	04:59,4
95	W	6	00:49:55	Jacobs, Lenie	542	NED	STB Landgraaf	1960	1	W50	04:59,5
96		90	00:49:55	Spauwen, Han	534	NED	Oirsbeek	1947	2	M60	04:59,5
97	W	7	00:49:57	Basten, Angela	352		Triathlon Waldfeucht	1964	3	W45	04:59,7
98		91	00:50:17	Dohlen, Bernd	412		Geilenkirchen-Immendorf	1957	9	M50	05:01,7
99		92	00:50:28	Gregory, David	561			1978	11	M30	05:02,8
100		93	00:50:29	Bomanns, Ralf	312		Gangelt	1966	23	M40	05:02,9
101		94	00:50:30	Steffen, Sascha	548		Hückelhoven	1972	11	M35	05:03,0
102		95	00:50:38	Gutschi, Heinz	521		TV 08 Baesweiler	1953	5	M55	05:03,8
103		96	00:50:44	Carmanns, Markus	552		Eschweiler	1965	18	M45	05:04,4
104	W	8	00:50:46	Mengler, Sonja	345		Triathlon Waldfeucht	1980	1	W30	05:04,6
105		97	00:50:55	von der Stück, Stefan	320		Heinsberg	1983	11	MHK	05:05,5
106		98	00:50:56	Küppers, Hans-Gerd	377		DJK Brachelen	1957	10	M50	05:05,6
107		99	00:51:01	Lotz, Roger	564	NED	Geleen	1969	24	M40	05:06,1
108		100	00:51:04	Jarco, Volker	358		Hückelhoven	1983	12	MHK	05:06,4
109		101	00:51:09	Muijers, Pierre	367	NED	STB Landgraaf	1948	3	M60	05:06,9
110		102	00:51:13	Kempf, Markus	495		Übach-Palenberg	1968	25	M40	05:07,3
111		103	00:51:28	Mengler, Carsten	346		Triathlon Waldfeucht	1979	12	M30	05:08,8
112	W	9	00:51:31	Waucomonti-Smits, Marg	452	NED	Rv Kranenbroek	1964	4	W45	05:09,1
113		104	00:51:32	Stals, Leen	499	NED	Haelen	1965	19	M45	05:09,2
114		105	00:51:42	Klotchen, Willi	453		Heinsberg	1967	26	M40	05:10,2
115	W	10	00:51:45	v. der Eerden-Goosens, J	556	NED	Ron For Run	1977	2	W30	05:10,5
116		106	00:51:46	Gottwald, Marco	331		Concordia Merkstein	1976	13	M30	05:10,6
117		107	00:51:51	Beckers, Guido	515		Gangelt	1970	27	M40	05:11,1
118	W	11	00:51:53	Jenczewski, Marina	306		Waldfeucht-Haaren	1977	3	W30	05:11,3
119		108	00:51:53	Kühnapfel, Heribert	431			1953	6	M55	05:11,3
120		109	00:51:54	Steinhäuser, Berthold	465		VSV Grenzland Wegberg	1942	1	M65	05:11,4



Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
121		110	00:52:05	Persicke, Armin	472		Neuss	1962	20	M45	05:12,5
122		111	00:52:09	Jansen, Franz Leo	446		Gangelt	1951	7	M55	05:12,9
123		112	00:52:09	Sentis, Frank	460		Hundesportfreunde Gangelt	1965	21	M45	05:12,9
124		113	00:52:09	Wolf, Reinhard	439		Brander SV	1941	2	M65	05:12,9
125		114	00:52:23	Misera, Andreas	381		Selfkant-Hillensberg	1965	22	M45	05:14,3
126	W	12	00:52:26	van der Borg, Miep	501	NED	RVK Kranenbroek	1953	1	W55	05:14,6
127	W	13	00:52:27	Schell, Julia	359		Herzogenrath	1984	2	WHK	05:14,7
128		115	00:52:34	Geurts, Peter	334	NED	AV Unitas	1958	11	M50	05:15,4
129	W	14	00:52:36	Misera, Natalie	380		Selfkant-Hillensberg	1967	2	W40	05:15,6
130	W	15	00:53:01	Beemelmans, Andrea	481		GK Gillrath	1965	5	W45	05:18,1
131		116	00:53:31	Daul, Heinz	549		Hückelhoven	1970	28	M40	05:21,1
132		117	00:53:34	Hamachen, Dieter	485		Flying Tonnados Gangelt	1961	23	M45	05:21,4
133		118	00:53:48	Henkens, Tim	354		Selfkant-Tüddern	1997	6	MJugB	05:22,8
134		119	00:53:52	Peschen, Ralf	339		Übach-Palenberg	1969	29	M40	05:23,2
135		120	00:53:53	Meuwissen, Gregor	479	NED	Selfkant	1971	12	M35	05:23,3
136		121	00:53:59	Frenken, Markus	369		Gangelt	1968	30	M40	05:23,9
137		122	00:53:59	Eßer, Richard	382		Gangelt	1965	24	M45	05:23,9
138		123	00:54:08	Wolvekamp, Martin	503	NED	Fontysfit	1975	13	M35	05:24,8
139	W	16	00:54:17	Albee, Jennifer	408		Gangelt-Birgden	1978	4	W30	05:25,7
140		124	00:54:20	Philippen, Ernst	326		Gangelt	1970	31	M40	05:26,0
141	W	17	00:54:34	de Bakker, Elke	512	NED	Gulikrunner	1967	3	W40	05:27,4
142		125	00:54:42	Spehl, Michael	456		Geilenkirchen	1992	3	MJugA	05:28,2
143		126	00:54:46	Koning, Hans	464		Sabic Runners	1962	25	M45	05:28,6
144		127	00:54:53	Rese, Michael	502		Korschenbroich	1959	12	M50	05:29,3
145		128	00:54:54	Beyers, Marcell	396		SEH	1978	14	M30	05:29,4
146		129	00:55:36	Bündgens, Valentin	422		TSV Alemannia Aachen	1947	4	M60	05:33,6
147		130	00:55:40	Bienert, Heinz Josef	533		Heinsberg	1953	8	M55	05:34,0
148	W	18	00:55:42	Goddezy, Elveza	557	NED	Sittard	1970	4	W40	05:34,2
149		131	00:55:52	Beyers, Ralf	395		Kleischötte Süsterseel	1968	32	M40	05:35,2
150		132	00:55:56	Kranken, Koen	550	NED	VfR Tüddern	1998	7	MJugB	05:35,6
151	W	19	00:55:57	Honold-Jansen, Sigrid	429			1955	2	W55	05:35,7
152		133	00:55:57	Neurers, Sander	551			1998	8	MJugB	05:35,7
153		134	00:55:57	Hansen, Bernd	428			1948	5	M60	05:35,7
154		135	00:56:09	Westemeyer, Lucas	357		Myhl	1993	9	MJugB	05:36,9
155	W	20	00:56:30	Derix, Nellie	423	NED	Triathlon Waldfeucht	1950	1	W60	05:39,0
156		136	00:56:40	van der Zander, Jan	466		VfR Tüddern	2000	10	MJugB	05:40,0
157	W	21	00:56:42	Lehnen, Gaby	555		Heinsberg	1956	2	W50	05:40,2
158	W	22	00:56:46	Rademacher, Rosemarie	458	NED	Gulikrunner	1962	6	W45	05:40,6
159	W	23	00:56:58	van der Zander, Julia	468		VfR Tüddern	1999	1	WJugB	05:41,8
160		137	00:56:58	Djajadisastira, Dr. Osman	413		VfR Tüddern	1962	26	M45	05:41,8
161		138	00:56:59	van der Zander, André	467		VfR Tüddern	1975	14	M35	05:41,9
162		139	00:57:23	Windeln, Lukas	375		Grün-Weiß-Karken	2000	11	MJugB	05:44,3
163	W	24	00:57:32	Kirsch, Alexandra	430		VfR Unterbruch LG	1978	5	W30	05:45,2
164	W	25	00:57:33	Beyers, Sabine	394		Kleischötte Süsterseel	1972	2	W35	05:45,3
165	W	26	00:57:38	Jansen, Kirsten	364		Erkelenz	1968	5	W40	05:45,8
166		140	00:57:39	Sieber, Joachim	397		VfR Unterbruch LG	1952	9	M55	05:45,9
167	W	27	00:57:47	De Bas, Peggy	376	NED	STB Landgraaf	1964	7	W45	05:46,7
168	W	28	00:58:09	Peschel, Raphaela	347		Heinsberg	1997	2	WJugB	05:48,9
169		141	00:58:14	Lentzen, Nils	379		VfR Tüddern E1-Jugend	1999	12	MJugB	05:49,4
170		142	00:58:15	Tellers, Marvin	349		Ju Jutzu Team Kihaku Dre	1988	13	MHK	05:49,5
171		143	00:58:18	Herfs, Thomas	469		Tüddern	1972	15	M35	05:49,8
172		144	00:58:18	Herfs, Florian	470		Tüddern	1999	13	MJugB	05:49,8
173		145	00:58:22	Weizen, Math	518	NED	Papenhoven	1962	27	M45	05:50,2
174	W	29	00:58:23	Peklidoy, Eleni	519		Haaselt	1959	3	W50	05:50,3
175	W	30	00:58:45	Schmitz, Maria	473		Waldfeucht	1965	8	W45	05:52,5
176	W	31	00:58:53	Isbrandt, Laura	545		DLC Aachen	1978	6	W30	05:53,3
177		146	00:59:04	Dahlmanns, Martin	487		Gangelt	2000	14	MJugB	05:54,4
178		147	00:59:04	Dahlmanns, Gerd	488		Gangelt	1968	33	M40	05:54,4
179	W	32	00:59:12	Welz, Anja	411		Eisbären	1971	3	W35	05:55,2
180		148	00:59:21	Rose, Harald	378		TV Ratheim	1955	10	M55	05:56,1



Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
181		149	00:59:25	Bönnen, Robert	516		Gangelt	1969	34	M40	05:56,5
182		150	00:59:45	Strunk, Michael	324		Asphaltschleichen	1971	16	M35	05:58,5
183	W	33	00:59:50	Fiegen, Elli	476		Heinsberg	1967	6	W40	05:59,0
184		151	00:59:53	Herzmann, Udo	325		Asphaltschleichen	1967	35	M40	05:59,3
185		152	00:59:54	Oswald, Hans Joachim	474		Geilenkirchen	1965	28	M45	05:59,4
186	W	34	00:59:57	Jansen, Karin	506		Triathlon Waldfeucht	1966	7	W40	05:59,7
187	W	35	01:00:12	Cunningham, Gaby	393		DLRG	1966	8	W40	06:01,2
188	W	36	01:00:26	Hagenkötter, Ann-Cathrin	319	NED	MUKU+HASE	1985	3	WHK	06:02,6
189	W	37	01:00:44	Janssen, Verona	471	NED	Geleen	1970	9	W40	06:04,4
190	W	38	01:00:57	Jansen, Marleen	494		Süsterseel	1963	9	W45	06:05,7
191		153	01:01:06	Braun, Reinhold	371		The Running Brownies	1958	13	M50	06:06,6
192	W	39	01:01:07	Koch, Gülsen	559		Jüchen	1972	4	W35	06:06,7
193		154	01:01:36	Alicata, Andrea	489	NED	Nieuwstadt	1969	36	M40	06:09,6
194	W	40	01:01:37	Lowis, Maren	343		Selfkant-Tüddern	1998	3	WJugB	06:09,7
195		155	01:01:55	Thönissen, Jürgen	303		Gangelt-Birgden	1964	29	M45	06:11,5
196		156	01:02:02	Ferguson, Erin	426		Selfkant-Tüddern	1982	14	MHK	06:12,2
197	W	41	01:02:02	Torres, Zugiel	436		Selfkant-Schalbruch	1978	7	W30	06:12,2
198		157	01:02:04	Hartun, Uwe	317	NED	MUKU+HASE	1960	14	M50	06:12,4
199		158	01:02:06	Coobs, Frank	341		DJK Gillrath 1911	1968	37	M40	06:12,6
200	W	42	01:02:17	Grumert, Chantal	491		Vetterath	1990	4	WHK	06:13,7
201	W	43	01:02:17	Mohay, Katherine	490		Birden	1972	5	W35	06:13,7
202		159	01:02:46	Domingo, Brad	562		Huber	1969	38	M40	06:16,6
203		160	01:03:01	Bomanns, Karl	328		Gangelt	1962	30	M45	06:18,1
204	W	44	01:03:01	Bomanns, Maria	329		Gangelt	1996	4	WJugB	06:18,1
205		161	01:03:11	Lowis, Yannik	344		Selfkant-Tüddern	1998	15	MJugB	06:19,1
206		162	01:03:14	Lowis, Ulrich	342		Selfkant-Tüddern	1964	31	M45	06:19,4
207	W	45	01:04:07	Lange, Simone	478		Aachen	1985	5	WHK	06:24,7
208		163	01:04:34	Haupt, Hartmut	386		DJK Gillrath 1911	1942	3	M65	06:27,4
209	W	46	01:05:32	Schönhoff-Harrer, Christe	482		Süsterseel	1959	4	W50	06:33,2
210	W	47	01:05:32	Kremers, Christine	332		Heinsberg	1955	3	W55	06:33,2
211	W	48	01:06:37	Braun, Anja	370		Seniorenzentrum Breberen	1973	6	W35	06:39,7
212	W	49	01:06:50	Flecken, Esther	527		Aachen	1970	10	W40	06:41,0
213		164	01:06:52	Grief, Gerd	526		Aachen	1965	32	M45	06:41,2
214		165	01:07:00	Freyer, Jens	563		Selfkant	1989	15	MHK	06:42,0
215	W	50	01:07:58	Schröder, Monica	398		Selfkant	1972	7	W35	06:47,8
216	W	51	01:10:27	Reetz, Jennifer	523		Heinsberg	1995	5	WJugB	07:02,7
217		166	01:10:27	Reetz, Wilfried	524		Heinsberg	1961	33	M45	07:02,7
218	W	52	01:10:55	Heinrichs, Anna-Lena	383		Seniorenzentrum Breberen	1987	6	WHK	07:05,5
219	W	53	01:12:04	Peschel, Petra	348		Heinsberg	1958	5	W50	07:12,4
220		167	01:12:12	Klassen, Franz - Josef	459		Selfkant	1960	15	M50	07:13,2
221	W	54	01:14:02	Heinrichs, Karin	384		Seniorenzentrum Breberen	1965	10	W45	07:24,2
222	W	55	01:14:27	Braun, Daniela	360		Europaschule	1971	8	W35	07:26,7
223		168	01:20:28	Weikert, Dr. Georg	301		Hamich Runners	1955	11	M55	08:02,8