

100 meter Cad Dames Uur=15:01
 Reeks:1 Wind : -0.1

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 647 | Desaer Lies | DCLA | 13.48 | 91 |
| 2 | 901 | Vanden Berk Katrijn | DALO | 14.16 | 92 |
| 3 | 9020 | Van Heerebeek Anne | NL | 14.33 | 92 |
| 4 | 762 | Caers Dorien | ACHL | 14.58 | 91 |

100 meter Cad Dames Uur=15:01
 Reeks:2 Wind : -0.1

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 49 | Tormans Shana | VMOL | 13.13 | 91 |
| 2 | 9014 | Lernout Samantha | NL | 13.50 | 91 |
| 3 | 821 | Lefebvre Ilse | AVT | 13.62 | 91 |
| 4 | 434 | Dumon Kirsten | DCLA | 14.15 | 91 |

100 meter Cad Heren Uur=15:02
 Reeks:1 Wind : 0.1

| | | | | | |
|---|-----|-----------------|------|-------|----|
| 1 | 23 | Verelst Kevin | LOOI | 13.05 | 92 |
| 2 | 115 | Dexters Sander | ATLA | 13.41 | 91 |
| 3 | 64 | Froyen Matthias | ATLA | 15.27 | 92 |
| 4 | 239 | Nulens Jeffrey | BREE | 17.45 | 92 |

100 meter Cad Heren Uur=15:02
 Reeks:2 Wind : 0.1

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 9018 | Smits Harm | NL | 11.88 | 91 |
| 2 | 9011 | Mutebwa Jonathan | NL | 12.22 | 92 |
| 3 | 403 | Van Baelen Sam | VMOL | 12.41 | 91 |
| 4 | 9004 | Jacobs Mark | nl | 12.50 | 92 |
| 5 | 560 | Heggen Erik | ATLA | 13.19 | 92 |

100 meter Sch Dames Uur=15:29
 Reeks:1 Wind : 0.5

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 1821 | Van Gestel Bo | VMOL | 12.96 | 90 |
| 2 | 2367 | Vanlook Kristien | AVT | 13.26 | 90 |
| 3 | 1827 | Stevens Jasmien | VMOL | 13.41 | 90 |
| 4 | 2443 | Ventura Stefanie | GENK | 13.82 | 90 |
| 5 | 2373 | Lodewijks Jolien | DALO | 14.10 | 90 |
| 6 | 2412 | Piron Hanne | DCLA | 14.30 | 90 |

100 meter Sch Heren Uur=15:31
 Reeks:1 Wind : 0.0

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 2553 | Lauwers Melvin | AVT | 12.26 | 90 |
| 2 | 2516 | Hermans Kenny | ATLA | 12.50 | 90 |
| 3 | 1831 | Verdonck Chiel-Jan | SACN | 13.00 | 89 |
| 4 | 9048 | Denorme Wouter | NA | 13.11 | 90 |
| 5 | 2288 | Styven Wouter | GENK | 13.37 | 89 |
| 6 | 1930 | Janssen Gert | BREE | 13.89 | 89 |

100 meter Sch Heren Uur=15:31
 Reeks:2 Wind : -0.3

| | | | | | |
|---|------|----------------|------|-------|----|
| 1 | 2205 | Stevens Brecht | SACN | 11.60 | 89 |
| 2 | 2287 | Peeters Carlo | GENK | 11.85 | 89 |
| 3 | 9033 | Arts Marnic | NL | 12.25 | 89 |
| 4 | 9016 | Van Agt Rob | NL | 12.33 | 90 |
| 5 | 2326 | Lauwers Remy | AVT | 12.36 | 89 |

100 meter JSM Dames Uur=15:32

Reeks:1 Wind : 0.4

| | | | | | | |
|---|------|-------------------------|------|-------|-----|----|
| 1 | 1444 | Van Hertem Kim | DALO | 12.68 | Sen | 86 |
| 2 | 1134 | Vannoppen Ellen | AVT | 12.84 | Sen | 80 |
| 3 | 9012 | Van Den Boom Inge | NL | 13.49 | Sen | 85 |
| 4 | 9021 | Van Esch Lonne | NL | 14.00 | Jun | 88 |
| 5 | 1072 | Claessens Nele | SPVI | 15.11 | Sen | 79 |
| 6 | 2212 | Vandormael Marie-Jeanne | ATLA | 15.24 | Mas | 65 |

100 meter JSM Heren Uur=15:34

Reeks:1 Wind : -0.3

| | | | | | | |
|---|------|------------------|------|-------|-----|----|
| 1 | 2262 | Gaublomme Djoere | DCLA | 11.88 | Sen | 85 |
| 2 | 122 | Versmissen Bart | VMOL | 12.07 | Jun | 87 |
| 3 | 1527 | Alberghs Geert | SPVI | 12.39 | Sen | 80 |
| 4 | 9035 | Arts RenŽ | NL | 13.00 | Mas | 59 |
| 5 | 9025 | Huybers Jan | NL | 13.60 | Mas | 51 |

100 meter JSM Heren Uur=15:34

Reeks:2 Wind : 0.9

| | | | | | | |
|---------|------|-----------------|------|-------|-----|----|
| 1 | 9001 | Susanne Eug ne | NL | 11.06 | Jun | |
| 88BONUS | | | | | | |
| 2 | 320 | Vanhoof Ben | VMOL | 11.54 | Jun | 88 |
| 3 | 16 | Van Gestel Jens | VMOL | 11.73 | Jun | 88 |
| 4 | 1972 | Lipkens David | AVT | 11.77 | Sen | 85 |
| 5 | 1614 | Baerts Simon | AVT | 12.59 | Sen | 82 |

kogelstoten 6,000kg Jun Heren Uur=14:53

Reeks:1

| | | | | | | |
|----------|------|-------------------|-----|--------|--|----|
| 1 | 9008 | Weltin Tobias | D | 16.16m | | 88 |
| Bonus | | | | | | |
| 2 | 9015 | Van Dijck Florian | D | 13.81m | | |
| 88 Bonus | | | | | | |
| 3 | 353 | Swinnen Rutger | AVT | 11.19m | | |
| 88 | | | | | | |

kogelstoten 7,260kg JSM Heren Uur=14:56

Reeks:1

| | | | | | | |
|----|------|----------------|------|--------|------------|-----|
| 1 | 931 | Geukens Bart | LOOI | 13.22m | Sen | |
| 82 | | | | | | |
| 2 | 861 | Bruninx Geert | ATLA | 11.65m | Sen | |
| 83 | | | | | | |
| 3 | 6225 | Ghoos Benny | LOOI | 9.79m | Mas | 71 |
| 4 | 5492 | Elsen Roger | LOOI | 7.70m | Mas | 44 |
| 5 | 1863 | Paulissen Bart | AVT | 6.26 | Sen 74 F33 | 3kg |

discuswerpen 1,000kg JSM Dames Uur=14:59

Reeks:1

| | | | | | | |
|---------|------|----------------|------|--------|-----|--|
| 1 | 1129 | Willekens Ines | VMOL | 40.98m | Sen | |
| 86Bonus | | | | | | |
| 2 | 9009 | Timmers Ankie | NL | 39.54m | Sen | |
| 86Bonus | | | | | | |
| 3 | 243 | Neven Esther | AVT | 35.06m | Jun | |
| 87 | | | | | | |
| 4 | 695 | Geukens Inge | DALO | 35.05m | Sen | |
| 85 | | | | | | |

| | | | | | |
|----|------|-----------------|------|--------|-----|
| 5 | 2213 | Muls Hilde | ATLA | 23.28m | Mas |
| 65 | | | | | |
| 6 | 2302 | Joosten Monique | ATLA | 23.09m | Mas |
| 68 | | | | | |

verspringen Cad Dames Uur=15:40

Reeks:1

| | | | | | |
|----|------|--------------------|------|------------|----|
| 1 | 49 | Tormans Shana | VMOL | 4.95m +0.7 | 91 |
| 2 | 454 | Vanthillo Britt | ESAK | 4.76m +1.4 | 91 |
| 3 | 343 | Versmissen Jolein | VMOL | 4.30m +0.4 | 92 |
| 4 | 647 | Desaer Lies | DCLA | 4.29m +1.4 | 91 |
| 5 | 65 | Heggen Hilde | ATLA | 4.26m +1.1 | 91 |
| 6 | 122 | Steensels Katrien | SACN | 4.21m +1.3 | 91 |
| 7 | 9020 | Van Heerebeek Anne | NL | 4.13m +0.6 | 92 |
| 8 | 9022 | Tromp Nikki | NL | 3.99m +0.9 | 92 |
| | 353 | Janssen Jill | BREE | GP +0.0 | |
| 92 | | | | | |

kogelstoten 3,000kg Cad Dames Uur=15:36

Reeks:1

| | | | | | |
|----|------|-------------------|------|----------|----------|
| 1 | 9036 | Kiel Pamela | NL | 15.28 91 | BONUS |
| 2 | 302 | Verrijt Sarah | ROBA | 12.04m | 91 BONUS |
| 3 | 579 | Van Aelst Freya | ROBA | 11.72m | |
| 91 | | | | | |
| 4 | 122 | Steensels Katrien | SACN | 8.55m | 91 |
| 5 | 762 | Caers Dorien | ACHL | 7.50m | 91 |

discuswerpen 1,000kg Cad Heren Uur=17:04

Reeks:1

| | | | | | |
|----|------|--------------------|------|--------|----------|
| 1 | 411 | Denissen Jelle | AVT | 49.24m | 91 BONUS |
| 2 | 23 | Verelst Kevin | LOOI | 42.02m | |
| 92 | | | | | |
| 3 | 9023 | Van Dijck Phillip | TSV | 41.85m | |
| 92 | | | | | |
| 4 | 86 | Ploem Tom | AVZK | 33.60m | |
| 92 | | | | | |
| 5 | 9004 | Jacobs Mark | nl | 32.54m | |
| 92 | | | | | |
| 6 | 9026 | Van Ham Erik | AVV | 29.10m | |
| 92 | | | | | |
| 7 | 9047 | Peeters Niels | NL | 28.22m | |
| 92 | | | | | |
| 8 | 9041 | Overbeeke Ruben | NL | 26.95m | |
| 92 | | | | | |
| 9 | 239 | Nulens Jeffrey | BREE | 21.26m | |
| 92 | | | | | |
| 10 | 240 | Janssen Roy | BREE | 21.14m | |
| 92 | | | | | |
| 11 | 64 | Froyen Matthias | ATLA | 19.60m | |
| 92 | | | | | |
| 12 | 9019 | Van Heerebeek Tjeu | NL | 15.52m | |
| 92 | | | | | |

speerwerpen 800g JSM Heren Uur=15:52

Reeks:1

| | | | | | |
|----|-----|-------------|------|--------|-----|
| 1 | 282 | Geypen Nico | VMOL | 47.58m | Jun |
| 87 | | | | | |

| | | | | | |
|----|------|-----------------|------|--------|-----|
| 2 | 9034 | Kuiper Jip | NL | 47.10m | Jun |
| 88 | | | | | |
| 3 | 5492 | Elsen Roger | LOOI | 25.03m | Mas |
| 44 | | | | | |
| 4 | 4167 | Janssen Sylvain | BREE | 24.20m | Mas |
| 58 | | | | | |

200 meter Cad Dames Uur=16:46

Reeks:1 Wind : 0.5

| | | | | | |
|----|-----|-------------------|------|-------|----|
| 1 | 434 | Dumon Kirsten | DCLA | 29.26 | 91 |
| 2 | 65 | Heggen Hilde | ATLA | 29.56 | 91 |
| 3 | 343 | Versmissen Jolein | VMOL | 30.14 | 92 |
| 4 | 762 | Caers Dorien | ACHL | 30.76 | 91 |
| | 122 | Steensels Katrien | SACN | NA | |
| 91 | | | | | |

200 meter Cad Dames Uur=16:46

Reeks:2 Wind : 0.7

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 49 | Tormans Shana | VMOL | 26.83 | 91 |
| 2 | 9014 | Lernout Samantha | NL | 27.34 | 91 |
| 3 | 821 | Lefebvre Ilse | AVT | 27.61 | 91 |
| 4 | 499 | Vaes Bieke | SACN | 28.49 | 91 |
| | 901 | Vanden Berk Katrijn | DALO | 29.56 | 92 |

200 meter Cad Heren Uur=16:47

Reeks:1 Wind : 0.6

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 9018 | Smits Harm | NL | 24.32 | 91 |
| 2 | 9011 | Mutebwa Jonathan | NL | 25.89 | 92 |
| 3 | 115 | Dexters Sander | ATLA | 27.85 | 91 |
| 4 | 9043 | Classen Arno | NL | 32.13 | 91 |

200 meter Cad Heren Uur=16:47

Reeks:2 Wind : 0.3

| | | | | | |
|---|------|----------------|------|-------|----|
| 1 | 9003 | Janssen Casner | nl | 24.92 | 91 |
| 2 | 9004 | Jacobs Mark | nl | 25.18 | 92 |
| 3 | 560 | Heggen Erik | ATLA | 26.51 | 92 |

200 meter Sch Dames Uur=16:48

Reeks:1 Wind : 0.0

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 2367 | Vanlook Kristien | AVT | 26.67 | 90 |
| 2 | 1827 | Stevens Jasmien | VMOL | 27.20 | 90 |
| 3 | 2368 | Cuppers Lize | AVT | 27.51 | 89 |
| 4 | 2443 | Ventura Stefanie | GENK | 29.21 | 90 |
| 5 | 2412 | Piron Hanne | DCLA | 30.31 | 90 |

200 meter Sch Heren Uur=16:50

Reeks:1 Wind : 0.9

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 9033 | Arts Marnic | NL | 25.17 | 89 |
| 2 | 2553 | Lauwers Melvin | AVT | 25.29 | 90 |
| 3 | 1831 | Verdonck Chiel-Jan | SACN | 25.88 | 89 |
| 4 | 2288 | Styven Wouter | GENK | 26.40 | 89 |
| 5 | 9048 | Denorme Wouter | NA | 26.56 | 90 |
| 6 | 1930 | Janssen Gert | BREE | 28.96 | 89 |

200 meter Sch Heren Uur=16:50

Reeks:2 Wind : -0.2

| | | | | | | |
|---|------|----------------|------|-------|--|----|
| 1 | 2205 | Stevens Brecht | SACN | 23.60 | | 89 |
| 2 | 2287 | Peeters Carlo | GENK | 23.64 | | 89 |
| 3 | 9030 | Linssen Luuk | NL | 23.76 | | 89 |
| 4 | 9016 | Van Agt Rob | NL | 24.98 | | 90 |
| 5 | 2516 | Hermans Kenny | ATLA | 25.61 | | 90 |
| 6 | 2326 | Lauwers Remy | AVT | 25.70 | | 89 |

200 meter JSM Dames Uur=16:51

Reeks:1 Wind : 0.1

| | | | | | | |
|---|------|-------------------|------|-------|-----|----|
| 1 | 2327 | Palmans Lieve | SACN | 29.21 | Mas | 68 |
| 2 | 9044 | Ramakers Brigitte | NL | 29.62 | Sen | 86 |
| 3 | 1072 | Claessens Nele | SPVI | 31.70 | Sen | 79 |
| 4 | 2684 | Pinxten Anneke | BREE | 38.65 | Mas | 56 |

200 meter JSM Dames Uur=16:51

Reeks:2 Wind : -0.3

| | | | | | | |
|---|------|--------------------|------|-------|-----|----|
| 1 | 1444 | Van Hertem Kim | DALO | 25.58 | Sen | 86 |
| 2 | 1134 | Vannoppen Ellen | AVT | 26.30 | Sen | 80 |
| 3 | 2788 | Fiddelaers Liliane | AVT | 27.32 | Mas | 61 |
| 4 | 9012 | Van Den Boom Inge | NL | 27.43 | Sen | 85 |

200 meter JSM Heren Uur=16:52

Reeks:1 Wind : 2.1

| | | | | | | |
|---|------|-----------------|------|-------|-----|----|
| 1 | 1972 | Lipkens David | AVT | 23.61 | Sen | 85 |
| 2 | 122 | Versmissen Bart | VMOL | 24.05 | Jun | 87 |
| 3 | 1527 | Alberghs Geert | SPVI | 24.61 | Sen | 80 |
| 4 | 9035 | Arts RenŽ | NL | 26.40 | Mas | 59 |
| 5 | 9025 | Huybers Jan | NL | 27.10 | Mas | 51 |

200 meter JSM Heren Uur=16:52

Reeks:2 Wind : 1.2

| | | | | | | |
|---|------|-----------------|------|-------|-----|---------|
| 1 | 9001 | Susanne Eug ne | NL | 22.09 | Jun | 88BONUS |
| 2 | 320 | Vanhoof Ben | VMOL | 23.02 | Jun | 88 |
| 3 | 16 | Van Gestel Jens | VMOL | 23.11 | Jun | 88 |
| 4 | 1614 | Baerts Simon | AVT | 23.90 | Sen | 82 |
| 5 | 9037 | Dekkers Paul | NL | 24.00 | Sen | 84 |

kogelstoten 4,000kg JSM Dames Uur=16:56

Reeks:1

| | | | | | | |
|---------|------|-------------------------|------|--------|-----|-----|
| 0 | 1109 | Verlinden Sophie | WIBO | 12.68m | Sen | |
| 79BONUS | | | | | | |
| 0 | 9009 | Timmers Ankie | NL | 12.80m | Sen | |
| 86BONUS | | | | | | |
| 0 | 1129 | Willekens Ines | VMOL | 11.41m | | Sen |
| 86 | | | | | | |
| 0 | 243 | Neven Esther | AVT | 10.53m | Jun | |
| 87BONUS | | | | | | |
| 0 | 695 | Geukens Inge | DALO | 10.44m | | Sen |
| 85 | | | | | | |
| 0 | 2213 | Muls Hilde | ATLA | 9.45m | Mas | 65 |
| 0 | 2212 | Vandormael Marie-Jeanne | ATLA | 6.87m | Mas | 65 |
| 0 | 2130 | Bertels Lisette | ARAC | 6.36m | Mas | 54 |
| 0 | 2302 | Joosten Monique | ATLA | 8.77m | Mas | 68 |

discuswerpen 1,750kg Jun Heren Uur=17:38

Reeks:1

| | | | | |
|----|-------|-------------------|-----|--------|
| 1 | 9015 | Van Dijck Florian | D | 46.07m |
| 88 | BONUS | | | |
| 2 | 9008 | Weltin Tobias | D | 43.33m |
| 88 | BONUS | | | |
| 3 | 353 | Swinnen Rutger | AVT | 37.68m |
| 88 | | | | |
| 4 | 9034 | Kuiper Jip | NL | 20.98m |
| 88 | | | | |

discuswerpen 2,000kg JSM Heren Uur=17:24

Reeks:1

| | | | | | |
|----|------|-----------------|------|--------|-------------|
| 1 | 931 | Geukens Bart | LOOI | 40.14m | Sen |
| 82 | | | | | |
| 2 | 861 | Bruninx Geert | ATLA | 32.30m | Sen |
| 83 | | | | | |
| 3 | 6225 | Ghoos Benny | LOOI | 29.34m | Mas |
| 71 | | | | | |
| 4 | 4167 | Janssen Sylvain | BREE | 20.04m | Mas |
| 58 | | | | | |
| 5 | 5492 | Elsen Roger | LOOI | 19.32m | Mas |
| 44 | | | | | |
| 6 | 1863 | Paulissen Bart | AVT | 18.26m | Sen74 F33 1 |

KG

1000 meter Cad Dames Uur=17:25

| | | |
|----|-----------------|----|
| -1 | Geen deelnemers | GP |
|----|-----------------|----|

1000 meter Cad Heren Uur=17:10

Reeks:1

| | | | | |
|----|------|--------------------|------|---------|
| 1 | 9027 | Gossens Alain | NL | 2'50.18 |
| 91 | | | | |
| 2 | 9003 | Janssen Casner | nl | 2'54.88 |
| 91 | | | | |
| 3 | 576 | Stevens Daan | SACN | 2'59.54 |
| 91 | | | | |
| 4 | 9040 | Bekers Luk | NL | 3'04.09 |
| 91 | | | | |
| 5 | 738 | Dujourie Niels | SACN | 3'29.29 |
| 91 | | | | |
| 6 | 9019 | Van Heerebeek Tjeu | NL | 3'41.96 |
| 92 | | | | |
| 7 | 9043 | Classen Arno | NL | 3'49.71 |
| 91 | | | | |

1000 meter Sch Dames Uur=17:13

Reeks:1

| | | | | | |
|----|-------|--------------------|------|---------|-----|
| 1 | 1821 | Van Gestel Bo | VMOL | 2'58.60 | |
| 90 | BONUS | | | | |
| 2 | 9049 | Van Lieshout Jaimy | NL | 2'58.89 | Cad |
| 91 | BONUS | | | | |
| 3 | 1803 | Van Doninck Janna | ACHL | 3'07.61 | |
| 90 | | | | | |
| 4 | 454 | Vanthillo Britt | ESAK | 3'14.42 | Cad |
| 91 | | | | | |

| | | | | | |
|----|------|----------------|------|---------|-----|
| 5 | 9046 | Stijns Roan | NL | 3'15.17 | Cad |
| 92 | | | | | |
| 6 | 353 | Janssen Jill | BREE | 3'15.67 | Cad |
| 92 | | | | | |
| 7 | 2258 | Hillen Jasmien | DALO | 3'16.11 | |
| 89 | | | | | |
| 8 | 486 | Bosmans Kim | AVT | 3'16.86 | Cad |
| 91 | | | | | |
| 9 | 9022 | Tromp Nikki | NL | 3'27.87 | Cad |
| 92 | | | | | |

1000 meter Sch Heren Uur=17:15

Reeks:1

| | | | | | |
|----|------|--------------------|------|---------|--|
| 1 | 1751 | Vos Ruben | ARAC | 2'47.46 | |
| 90 | | | | | |
| 2 | 9024 | Priems Rens | NL | 2'57.98 | |
| 90 | | | | | |
| 3 | 1826 | Vandebroek Wesley | ATLA | 2'58.35 | |
| 90 | | | | | |
| 4 | 9045 | Van Leeuwen Sander | NL | 2'58.68 | |
| 90 | | | | | |
| 5 | 9033 | Arts Marnic | NL | 3'00.47 | |
| 89 | | | | | |
| 6 | 9055 | Fergus Vincent | NL | 3'14.34 | |
| 89 | | | | | |
| 7 | 9016 | Van Agt Rob | NL | 3'16.33 | |
| 90 | | | | | |

1000 meter Mas Dames Uur=17:16

| | | | | | |
|----|--|-----------------|--|--|----|
| -1 | | Geen deelnemers | | | GP |
| 00 | | | | | |

1000 meter Mas Heren Uur=17:16

Reeks:1

| | | | | | |
|----|------|---------------------|------|---------|--|
| 1 | 9058 | Van Eck Henk | NL | 2'51.23 | |
| 56 | | | | | |
| 2 | 5422 | Vande Bergh Francis | SACN | 2'53.16 | |
| 63 | | | | | |
| 3 | 9054 | Fergus Paul | NL | 2'53.62 | |
| 57 | | | | | |
| 4 | 4168 | Smeets Jan | BREE | 3'00.65 | |
| 53 | | | | | |
| 5 | 3415 | Stevens Carlo | VMOL | 3'01.67 | |
| 64 | | | | | |
| 6 | 9039 | Van Limpt Henri | NL | 3'14.46 | |
| 58 | | | | | |
| 7 | 4819 | Denolf Paul | ACHL | 3'27.39 | |
| 58 | | | | | |
| 8 | 5973 | De Pauw Rudy | ACHL | 3'27.50 | |
| 46 | | | | | |
| 9 | 4167 | Janssen Sylvain | BREE | 3'49.24 | |
| 58 | | | | | |
| 10 | 5492 | Elsen Roger | LOOI | 4'03.9 | |
| 44 | | | | | |

1000 meter JSM Dames Uur=17:17

Reeks:1

| | | | | | |
|----|------|-------------------------|------|---------|-----|
| 1 | 618 | Lauryssen Griet | ARAC | 3'00.99 | Sen |
| 86 | | | | | |
| 2 | 9050 | VERSTAPPEN CINDY | NL | 3'09.24 | Sen |
| 75 | | | | | |
| 3 | 666 | Goossens Patricia | LOOI | 3'16.76 | Sen |
| 81 | | | | | |
| 4 | 2212 | Vandormael Marie-Jeanne | ATLA | 3'20.20 | Mas |
| 65 | | | | | |
| 5 | 2127 | Moonen Olga | MACD | 3'23.07 | Mas |
| 65 | | | | | |
| 6 | 9057 | Dekkers Janneke | NL | 3'28.90 | Sen |
| 86 | | | | | |
| 7 | 9056 | Van Hoof Mieke | NL | 3'55.38 | Mas |
| 59 | | | | | |
| | 9021 | Van Esch Lonne | NL | NA | Jun |
| 88 | | | | | |

1000 meter JSM Heren Uur=17:30

Reeks:1

| | | | | | |
|----|------|----------------------|------|---------|-----|
| 1 | 249 | Donne Thomas | AVT | 2'32.38 | Jun |
| 88 | | | | | |
| 2 | 2914 | EL YATTOUTI YOUNES | CSF | 2'32.70 | Sen |
| 86 | | | | | |
| 3 | 9051 | VIERWEIJZER MARC | NL | 2'32.90 | Sen |
| 76 | | | | | |
| 4 | 1402 | Prims Jo | ACHL | 2'33.38 | Sen |
| 84 | | | | | |
| 5 | 2647 | CAELEN FLORENT | HERV | 2'36.68 | Sch |
| 89 | | | | | |
| 6 | 9038 | Van Esch Dennis | NL | 2'37.31 | Sen |
| 86 | | | | | |
| 7 | 3 | Wens Jan | ARAC | 2'41.71 | Jun |
| 87 | | | | | |
| 8 | 115 | Smeets Bart | BREE | 2'50.20 | Jun |
| 87 | | | | | |
| 9 | 1790 | Nardozza Kristof | LOOI | 3'07.33 | Sen |
| 86 | | | | | |
| 10 | 956 | Van Den Bossche Dave | ACHL | 3'17.87 | Sen |
| 86 | | | | | |

kogelstoten 5,000kg Sch Heren Uur=17:51

Reeks:1

| | | | | | |
|----|------|-----------------|------|--------|----|
| 1 | 9052 | Cronie Patrick | NL | 16.48m | |
| 89 | | | | | |
| 2 | 9007 | Kohler Max | D | 15.47m | |
| 90 | | | | | |
| 3 | 9042 | Overbeeke Niels | NL | 10.41m | |
| 90 | | | | | |
| 4 | 2205 | Stevens Brecht | SACN | 10.33m | |
| 89 | | | | | |
| 5 | 2080 | Dumon Joeri | DCLA | 9.22m | 89 |

discuswerpen 1,000kg Sch Dames Uur=18:05

Reeks:1

| | | | | | |
|----|------|----------------|----|--------|--|
| 1 | 9053 | CLAASSEN ESTER | nl | 40.21m | |
| 89 | | | | | |

| | | | | |
|---------|------|-----------------|------|--------|
| 2 | 1872 | Govaerts Sofie | LOOI | 34.54m |
| 9BONUS | | | | |
| 3 | 2004 | Janssen Elien | AVT | 33.38m |
| 90BONUS | | | | |
| 4 | 1899 | Geussens Ariane | ESAK | 31.94m |
| 90 | | | | |
| 5 | 2134 | Vanthillo Lynn | ESAK | 31.70m |
| 89 | | | | |
| 6 | 1849 | Bongers Melissa | ATLA | 26.58m |
| 90 | | | | |

verspringen JSM Dames Uur=17:54
Reeks:1

| | | | | | | |
|-------|------|----------------|------|------------|-----|----|
| 1 | 1444 | Van Hertem Kim | DALO | 5.42m +0.3 | Sen | 86 |
| BONUS | | | | | | |

kogelstoten 4,000kg Cad Heren Uur=18:08
Reeks:1

| | | | | | |
|----|------|-------------------|------|--------|----|
| 1 | 23 | Verelst Kevin | LOOI | 11.88m | |
| 92 | | | | | |
| 2 | 9023 | Van Dijck Phillip | TSV | 11.88m | |
| 92 | | | | | |
| 3 | 9047 | Peeters Niels | NL | 11.60m | |
| 92 | | | | | |
| 4 | 9004 | Jacobs Mark | nl | 10.57m | |
| 92 | | | | | |
| 5 | 115 | Dexters Sander | ATLA | 10.08m | |
| 91 | | | | | |
| 6 | 9026 | Van Ham Erik | AVV | 9.33m | 92 |
| 7 | 9003 | Janssen Casner | nl | 9.08m | 91 |
| 8 | 560 | Heggen Erik | ATLA | 8.92m | 92 |
| 9 | 239 | Nulens Jeffrey | BREE | 8.52m | 92 |
| 10 | 9041 | Overbeeke Ruben | NL | 8.39m | 92 |
| 11 | 64 | Froyen Matthias | ATLA | 6.36m | 92 |
| 12 | 240 | Janssen Roy | BREE | 6.20m | 92 |

discuswerpen 1,000kg Cad Dames Uur=18:10
Reeks:1

| | | | | |
|---------|------|-----------------|------|--------|
| 1 | 9036 | Kiel Pamela | NL | 40.12m |
| 91BONUS | | | | |
| 2 | 579 | Van Aelst Freya | ROBA | 31.21m |
| 91BONUS | | | | |
| 3 | 302 | Verrijt Sarah | ROBA | 28.60m |
| 91 | | | | |
| 4 | 551 | Clerx Kelly | ATLA | 25.82m |
| 92 | | | | |

kogelstoten 4,000kg Sch Dames Uur=18:26
Reeks:1

| | | | | | |
|---------|------|-----------------|------|--------|----|
| 1 | 9053 | CLAASSEN ESTER | nl | 11.14m | |
| 89bonus | | | | | |
| 2 | 1899 | Geussens Ariane | ESAK | 10.86m | |
| 90BONUS | | | | | |
| 3 | 2134 | Vanthillo Lynn | ESAK | 10.60m | |
| 89 | | | | | |
| 4 | 1872 | Govaerts Sofie | LOOI | 9.98m | 90 |
| 5 | 1849 | Bongers Melissa | ATLA | 8.25m | 90 |

discuswerpen 1,500kg Sch Heren Uur=18:35

Reeks:1

| | | | | |
|---------|------|--------------------|------|--------|
| 1 | 9052 | Cronie Patrick | NL | 49.77m |
| 89bonus | | | | |
| 2 | 9007 | Kohler Max | D | 44.85m |
| 90bonus | | | | |
| 3 | 9042 | Overbeeke Niels | NL | 32.32m |
| 90 | | | | |
| 4 | 2235 | Neven Michiel | AVT | 26.64m |
| 90 | | | | |
| 5 | 1831 | Verdonck Chiel-Jan | SACN | 21.43m |
| 89 | | | | |
| 6 | 1930 | Janssen Gert | BREE | 18.61m |
| 89 | | | | |

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